Professional Nursing in Canada

Course Description

Professional Nursing in Canada is designed to review professional concepts, issues, and practices for registered nurses in Canada. The course focuses on the development of critical thinking, evidence-based practice, effective communication skills, an introduction to legal and ethical frameworks, and the Canadian health care system. Concepts related to health promotion, family nursing, cultural sensitivity, and nursing research are also explored.

Course Outcomes

By the end of the course the learner will:

1. Describe the expectations and roles of registered nurses and the delivery of health care in Canada.

2. Develop knowledge of professional responsibilities, legal, and ethical standards, and the requirements of accountability to meet the standards of safe, competent nursing practice in Canada.

3. Identify health promotion and illness/injury prevention strategies, health determinants, and common health problems of Canadians.

4. Describe how health and wellness care is delivered in the Canadian health care system.

5. Identify the components of community health nursing and how it is practiced in Canada.

6. Discuss how to communicate effectively to support the client and family through the health care experience using communication concepts and frameworks that guide practice for registered nurses in Canada.

7. Describe how to practice nursing in a manner that is culturally sensitive.

8. Identify teaching and learning principles.

9. Develop critical thinking skills related to assessing, planning, implementing, and evaluating nursing care measures, incorporating evidence-based practice.

10. Understand how palliative care is delivered in the Canadian health care system.

Format and Length of Course

This course is delivered with a blended approach, online plus three full-day classroom sessions. It takes 6-8 weeks to complete.
<table>
<thead>
<tr>
<th>Lessons</th>
<th>Topics</th>
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| 1       | Introduction to Course  
          The Concept of Health  
          Concept of health  
          Population health  
          Determinants of health  
          Health promotion and disease prevention |
| 2       | The Canadian Health Care System  
          History of Medicare  
          Challenges  
          Levels of care and settings  
          Primary health care  
          Interprofessional Collaborative Client Centered Care |
| 3       | The Profession of Nursing in Canada  
          Nursing as a profession  
          Nursing practice standards  
          Scope of nursing practice  
          Roles and functions of the registered nurse in Canada  
          Leadership  
          Continuing competence and accountability |
| 4       | Nursing in a Culturally Diverse Society  
          Culturally competent care  
          Spirituality and nursing care  
          Maritime cultural groups (e.g., First Nations, Acadian, Black) |
| 5       | The Nursing Process and Critical Thinking  
          Professional nursing, critical thinking, and nursing judgment  
          Professional nursing and reflective practice  
          Nursing process and decision making  
          Facilitating client ownership of the care plan |
| 6       | Effective Communication and Therapeutic Interaction  
          Caring and therapeutic interaction  
          Phases of a relationship  
          Stages of the nursing interview  
          Assertiveness  
          Professional boundaries  
          Organizational communication |
| 7       | Values, Ethics and Legal Issues in Canadian Nursing Practice  
          CNA Code of Ethics  
          Ethical issues  
          Legal limits of nursing  
          Legal liability in nursing  
          Limiting the chance of legal or professional discipline action  
          Informed consent and confidentiality |
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| 8       | Safety and Quality Improvement in Nursing  
  ➢ Safety in health care  
  ➢ Quality Improvement |
| 9       | Client Teaching and Learning  
  ➢ Teaching/learning process  
  ➢ Teaching/learning principles  
  ➢ Teaching approaches in nursing  
  ➢ Individualized teaching plan |
| 10      | Nursing and Family Health  
  ➢ Family forms  
  ➢ The Calgary Family Assessment Model  
  ➢ Violence (spousal, elder or child abuse) |
| 11      | Community Based Nursing Practice  
  ➢ Community health nursing in Canada  
  ➢ Community nursing practice standards  
  ➢ Trends in community health nursing  
  ➢ Global health issues  
  ➢ Emergency preparedness and pandemic-planning |
| 12      | Nursing Research and Evidence-Informed Practice  
  ➢ Evidence-informed practice  
  ➢ Nurse role in research  
  ➢ Critical inquiry  
  ➢ Nursing informatics |
| 13      | Palliative Care and Hospice Care In Canada  
  ➢ Current trends in end-of-life care  
  ➢ Role of the Registered Nurse  
  ➢ Client/Family centered approach  
  ➢ Cultural awareness |